

Food prepared on these premises  
may contain traces of nuts.

\*\*Can be made into a gluten free  
dish upon request



# The Vane Arms

AT THORPE THEWLES

Food served

12:00pm - 2:30pm, Mon to Fri

12:00pm - 5:00pm, Sat

## LUNCH

### STARTERS

<b>Oven Baked Ciabatta &amp; Maldon Rock Salt Butter</b>	£3.50
<b>Soup Of The Day-</b> with crusty ciabatta & rock salt butter	£7.00
<b>Salt &amp; Chilli Crispy King Prawns</b> - avocado mousse on a bed of Chiffonaded lettuce	£8.25
<b>Garden Pea &amp; Beetroot Risotto</b> - Parmesan shavings & truffle oil	£8.50
<b>Fresh Tomato, Basil Pesto &amp; Mozzarella Bruschetta</b> - balsamic glaze & toasted pine nuts	£7.45
<b>Shetland Mussels</b> - in a white wine cream & garlic sauce, toasted ciabatta & rock salt butter	£8.25
<b>Honey Glazed Bellypork Bites-</b> pickled slaw, chilli & micro herbs	£9.25
<b>Caramleised onion &amp; Goats Cheese Bon-Bons</b> - sweet chilli jam, tendrill peashoots	£8.50

### LIGHT BITES

<b>Vane Arms Triple Club Sandwich</b> - chicken, crispy bacon, sundried tomato, avocado baby gem lettuce, skin on fries & mayo	£13.50
<b>Mezze Sharing Board</b> - baked camembert, sliced prosciutto ham, toasted bloomer, mixed olives, sunblushed tomatoes, balsamic reduction & olive oil	£16.45

### SIDES - £3.50

Skin on fries	Diane sauce
Chunky chips	Peppercorn sauce
Onion rings	Blue cheese sauce

## MAIN EVENT

<b>Prime Steak Flatbread/Ciabatta</b> - red onion chutney, skin on fries & house salad	£15.45
<b>Salt &amp; Chilli Crispy King Prawns Flatbread/ciabatta-</b> served avocado mousse, house salad and fries	£15.45
<b>Crispy Chicken &amp; Pesto Flatbread/Ciabatta</b> -tzatziki, house salad & skin on fries	£13.45
<b>Seafood Linguine</b> - crab, cockles, clams, mussels squid in a garlic, chilli & white wine cream reduction.	£20.45
<b>Whitby Scampi</b> - tartare sauce, skin on fries and house salad	£15.50
<b>10oz Sirloin Steak</b> - flat cap mushrooms, vine tomatoes, hand cut chunky chips & dressed house salad	£27.45
<b>Fish &amp; Chips</b> -tartar sauce, charred lemon, mushy peas and chunky chips	£15.45
<b>Homemade Chicken Parmesan</b> - succulent chicken breast, in panko breadcrumbs, roast garlic mayo, bechamel sauce, duo of cheddar, mozzarella, skin on fries & house salad	£15.45
<b>Add hot shot - onions, garlic &amp; red chilli - £2.50</b>	

<b>Gourmet Steak Smash Burger</b> -burger relish, smoked applewood, onion ring, skin on fries & house salad	£18.45
<b>8oz Bistro Rump Steak</b> - flat cap mushrooms, vine tomatoes, hand cut chunky chips, onion rings & dressed house salad	£24.45
<b>Beetroot &amp; feta Salad</b> - mixed peppers, baby gem lettuce, red onion, toasted pine nuts cucumber, mixed leaf & balsamic glaze	£17.45
<b>Chicken Caesar Salad</b> - baby gem lettuce, parmesan, croutons, bacon, roast chicken & Caesar sauce	£15.45

[www.thevanearms.com](http://www.thevanearms.com)



@TheVaneArmsTT

**hodge son fish**  
Delivering the freshest fish



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## DESSERTS - £7.00

### DESSERTS

All of our desserts are made on site from locally sourced ingredients

Sticky Toffee Pudding – Butterscotch sauce & Vanilla Pod  
Ice Cream

Double Chocolate Brownie – raspberry compote & vanilla pod  
ice cream

Creme Brulee – white Peach infused creme brulee with white  
chocolate shortbread

Cheesecake of the day (please ask) – vanilla pod ice cream

Raspberry Eton mess – Chantilly cream & crunchy meringue

Selection of Ice creams Available

(cocktail menu available just ask)

Upcoming Function or celebration?

Ask to see our amazing private dining room out back and get booked in !

